



HP Camp Packing Suggestions Checklist

WORK OUT GEAR

- Volleyball Shoes (if you have brand new shoes, bring your old ones too, so you can work the new ones in slowly)
- Knee pads
- Plenty of shorts/spandex
- Plenty of t-shirts, including your tryout shirt
- Plenty of clean socks (3 sessions+ a day!)
- Any other usual workout gear (including braces, sports bras, favorite labeled water bottle, hair ties, etc)

ITEMS FOR YOUR ROOM

- Bedding: Twin size beds. Pillow, sheets, blanket or other
- Toiletries:
 - Bath and hand towels and washcloths. Shower mat?
 - Soap (even hand soap for your sink)
 - Hair care: Brush, shampoo, ties, etc.
 - Mouth care: tooth brush/paste, retainers?, etc
 - Eye care: contacts and solutions? Glasses?
 - Razor? Other items you may use on a day to day basis.
- Alarm clock
- Flashlight?
- Fan? Rooms ARE air-conditioned.
- Phone charger. NO extension cords, but a surge protector power strip is permissible)

OTHER POSSIBLE ITEMS

- Laundry soap. Most of these dorms have FREE laundry if you need to wash.
- Healthy snacks and drinks. All meals are provided, but if you'd like to bring snacks/drinks that is fine. Each DORM has a fridge in the lounge area...but this is a shared space. The individual rooms do not have fridges. We will not have access to ice for coolers. Plan accordingly.
- The campus coffee shop/snack bar may be open in your free time and if so, you'll have access to it, but we don't suggest you bring a lot of extra spending money.
- Playing cards/board games? You will have just a bit of down/recovery time scattered throughout your day...just in case napping isn't your thing.

WHAT NOT TO BRING

- Jewelry and other expensive or irreplaceable items.
- Cooking/Heating items. (toasters, hot pots, popcorn poppers, open element items, etc)
- TVs
- Candles, etc.
- Gaming consoles, computers, etc. (LOOK UP...and away from your phones, etc and actually talk with your new friends!)