Iowa High Performance - Boys

In 2013, the Iowa Region is offering two opportunities for boys to play volleyball:

1. We will be sending TWO boys teams to compete at the Asics National Championships in Chicago in June (14u and 17u)
2. Iowa High Performance Camp—open to boys of all ages to learn volleyball skills.

Questions? Contact us!

Rick Blackwell, HP Director
319-538-1231
hp@iavbreg.org

Colleen Platt, HP Co-Coordinator
515-240-0821
colleen@iavbreg.org

Michelle Goodall, HP Co-Coordinator
515-229-6114
michelle@iavbreg.org

2013 Iowa HP Boys Travel Teams

Date of Competition: June 16-18
Site: Navy Pier, Chicago, IL
Cost: Players are responsible for their own transportation, lodging, and food.

Open Tryouts: Boys wanting a spot on a travel team should attend one of three HP tryouts:

- Friday, April 12, at Drake University in Des Moines, 7-9pm
- Friday, April 19, at Varied Industries Bldg at the State Fairgrounds in Des Moines, 7-9pm
- Friday, April 26, at Varied Industries Bldg at the State Fairgrounds in Des Moines, 7-9pm

6-8 boys will be chosen for each team from tryouts: We will reserve 1-3 spots that will be assigned at the HP Camp, so if you don't make the first cut, you have another opportunity to make the travel team by attending HP Camp!

HP Camp: June 8-10 All boys on the travel team will be required to attend the Iowa HP Camp at William Penn University in Oskaloosa, IA. This will be a combined camp with all boys players, with a session each day for the travel teams to practice together.

Asics National Championships, Chicago, IL

- June 16-18, 2013 (Scrimmage on 6/16, tournament on 6/17-6/18)
- We will enter a 14u and a 17u team.
- The Iowa Region will pay all entry fees, provide coaches and pay all costs for coaches, and provide uniforms.
- Players are responsible for their own lodging, travel, and food.

2013 Iowa HP Boys Camp

Dates: June 8-10
Site: William Penn University, Oskaloosa, IA
Cost: $150 (includes food, lodging, and a shirt)

Boys of all ages and all levels are invited to attend the Iowa HP Boys camp.

- At camp, boys will be split 14u and younger, and 15u-18u. Boys who are 14u or 15u may be moved up or down according to the camp coach's discretion.
- Camp will be led by a USA Volleyball coach, along with college and club coaches from Iowa.
- You do not need to be on a travel team to attend! This is a great opportunity to learn volleyball skills, play with other guys, and get some court time.
- 1-3 players may be selected for travel teams during HP Camp.
- Sign up by June 1, 2013.

To sign up for the Iowa HP Camp, send:

1. Application
2. Medical Release
3. $150 Camp Fee

Send to:

Attn: Iowa Boys HP
Iowa Volleyball Region
4600 Park Ave., Suite 201
Des Moines, IA 50321

*USAV Membership is required for all tryout and camp attendees, and travel team members for insurance purposes. If you played on a club team or took part in Iowa Region events during the club season, your membership is good for HP Camp. A $5 tryout membership is available. Camp attendees who do not have a current membership may sign up for a $15 Iowa Region summer membership. Players on a travel team must have a full $30 membership.

For more information go to the Iowa HP website:
http://www.iavbreg.org/index.php/high-perfomance/

Iowa High Performance
2013 Boys Application

Name: _____ Birthdate: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____ HS Grad Year? _____

Hand: Right____Left____ Height: _____ School: _____

USAV Membership Number: _____ T-shirt Size: _____

To allow our coaches to match the skills/instruction level they are teaching to the general level of the camp attendees, please answer the following questions.

1) List any volleyball experience that you have.

_____
_____
_____
_____
_____

2) What do you hope to accomplish by attending Iowa HP Boys camp?

_____
_____
_____
_____
_____

3) Do you have a preferred volleyball position (eg: setter, libero, outside hitter, middle hitter) that you play?

_____
_____
_____

Checklist to Apply for Iowa Boy's HP Camp:

Send In:

☑ Application Form

☑ Medical Release

☑ $150 Camp Fee

Also make sure you have a current USAV membership

THIS FORM IS TO BE CARRIED TO ALL SANCTIONED COMPETITIONS & PRACTICES.

2012-2013 USAV YOUTH & JUNIOR VOLLEYBALL PLAYER MEDICAL RELEASE FORM

This **must be** completed - legibly - and signed in all areas by both the player and his/her parent or guardian. ***By signing this form the participant affirms having read it.***

Club: _____ Team Name: _____

_____ _____ _____ _____ ☐ Male ☐ Female

First Name Last Name Birth Date Age

Primary Contact: Parent or Guardian

Name: _____ Address: _____

City, State & Zip _____

Primary Phone: _____ Alternate Phone: _____

Secondary Contact: ☐ **Parent/Guardian** ☐**Other** _____

Name: _____

Primary Phone: _____ Alternate Phone: _____

Primary Insurance Co Primary Group/Policy # /

Family Physician Name Physician Phone _____

Please elaborate on <u>any medical conditions</u> of which we should be aware:

Any <u>medications</u> currently being taken:

Any <u>allergies</u>:

If None, please write None.

Participant Signature _____ Date: _____
(regardless of age):

Participant, _____, has my permission to participate in training, competition, events, activities and travel sponsored by USA Volleyball or any of its Regional Volleyball Associations (RVAs). I approve of the leaders who will be in charge of this program. I recognize that the leaders are serving to the best of their ability. I certify that the participant has full medical insurance with the company listed above. I also certify to the best of my knowledge that the participant named hereon is physically fit to engage in the activities described above.

Parent/Guardian Signature: _____ Date: _____

Relationship to Participant: _____

If, during the course of my daughter's/son's activities in volleyball, she/he should become ill or sustain an injury, I hereby **authorize** you to obtain emergency medical/dental care. I will assume financial responsibility for the bills incurred through my insurance company.

Signature: _____ Date: _____
Parent/Guardian

or

I **do not authorize** emergency medical/dental care for my daughter/son.

Signature: _____ Date: _____
Parent/Guardian