



## Iowa High Performance Program 2011 Camp Rules

1. All Players must attend ALL MEALS.
2. You must attend all camp sessions on time, unless it is cleared by the camp director.
3. Rooms should be cleaner when you leave than they were when you arrived! Do NOT stuff garbage into drawers or closets—place all trash in the proper receptacle.
4. Resident campers with vehicles must leave their keys with camp staff. They will be returned on the last day of camp.
5. Appropriate clothing and shoes should be worn for all activities.
6. If leaving the residence hall or the PAC/Gym, except for meals or regularly scheduled camp sessions, you must notify the Camp Director and be accompanied by a parent, camp counselor or coach.
7. Everyone must be in their room and quiet at 10:30 p.m. with lights out at 11:00 p.m. Cell phone reception is not strong in the dorms, so parents, PLEASE be sure to call your child before 10:30pm, in case players need to stand outside the building in order to use their phone.
8. Inappropriate language is unacceptable at all times.
9. No alcohol, drugs, and/or cigarettes will be tolerated. Violations will result in dismissal from the camp.
10. You are not allowed to switch rooms and you will be charged for lost keys or any damages to your room.
11. Vandalism in the residence hall or PAC/Gym may result in dismissal from camp. You will also be charged for any damages.
12. The fire exits must only be used in emergencies. Remember that all permanent fixtures (exit signs, vending machines, fire alarms, fire extinguishers, etc.) should be left alone. Persons tampering with these fixtures may be dismissed from camp.
13. Camp staff will be in the halls for supervision and to assist you.
14. Consideration must be shown to all campers, counselors, coaches, dining hall personnel and visitors. Campers being disrespectful to anyone will be disciplined accordingly.

**RULES WILL BE STRICTLY ENFORCED**